



AFLOAT Fall Protection Checklist

UPDATED April 2026

SAFETY REVIEW ITEMS - FALL PROTECTION

ADMIN

DOES THE COMMAND HAVE A WRITTEN FALL PROTECTION INSTRUCTION, APPROVED BY THE COMMANDING OFFICER?

REF: OPNAV M-5100.23 SECTION B CHAPTER 13

DOES THE WRITTEN PROGRAM INCLUDE SITE-SPECIFIC-FALL PROTECTION REQUIREMENTS OR LOCAL POLICIES?

REF: OPNAV M-5100.23 SECTION B CHAPTER 13

HAS THE COMMAND DESIGNATED A FALL PROTECTION PROGRAM MANAGER IN WRITING? IS THE PROGRAM MANAGER AN E7 OR ABOVE? HAS THE PROGRAM MANAGER COMPLETED THE REQUIRED TRAINING? (CIN A-493-0099)

REF: OPNAV M-5100.23 SECTION B CHAPTER 13

HAS THE COMMAND DESIGNATED COMPETENT PERSONS IN WRITING? ARE THE COMPETENT PERSONS E5 OR ABOVE? HAVE THE COMPETENT PERSONS COMPLETED THE REQUIRED TRAINING? (CIN A-493-0103)

REF: OPNAV M-5100.23 SECTION B CHAPTER 13

HAS THE COMMAND IMPLEMENTED NAVEDTRA 43512-1.

REF: OPNAV M-5100.23 SECTION B CHAPTER 13

ARE END USERS BEING TRAINED BY COMPETENT PERSONS? IS THE TRAINING DOCUMENTED AND AVAILABLE FOR REVIEW? ARE THE END USERS RECEIVING REFRESHER TRAINING EVERY 2 YEARS?

REF: OPNAV M-5100.23 SECTION B CHAPTER 13

DID THE SHIP CONDUCT AT LEAST ONE, SITE-SPECIFIC, ASSISTED RESCUE DRILL IN THE LAST YEAR? (RECORDS MUST BE MAINTAINED ONBOARD FOR 3 YEARS)

REF: OPNAV M-5100.23 SECTION B CHAPTER 13

HAS THE SHIP CONDUCTED A FALL PROTECTION SELF-ASSESSMENT WITHIN THE PREVIOUS 12 MONTHS? (RECORDS MUST BE RETAINED FOR 2 YEARS)

REF: OPNAV M-5100.23 SECTION B CHAPTER 13
OPNAV M-5100.23 SECTION A CHAPTER 3

DOES THE SHIP MAINTAIN A FALL HAZARD SURVEY AND ASSESSMENT AND PREPARE A SURVEY REPORT THAT IDENTIFIES POTENTIAL FALL HAZARDS AND UTILIZE RISK ASSESSMENT PRINCIPLES TO DETERMINE LEVEL OF RISK TO PERSONNEL OR EQUIPMENT?

REF: OPNAV M-5100.23 SECTION B CHAPTER 13

HAS THE SHIP RETAINED A 5 YEAR REPOSITORY OF ALL FALL PROTECTION LOGS/RECORDS?

REF: OPNAV M-5100.23 SECTION B CHAPTER 13

DOES THE SHIP LOG ALL FALL MISHAPS AND NEAR MISSES VIA HAZREP AND IN RMI?

REF: OPNAV M-5100.23 SECTION B CHAPTER 13

EQUIPMENT

ARE ALL HARNESS, SAFETY LANYARDS AND WORKING LANYARDS AUTHORIZED FOR SHIPBOARD USE?

REF: OPNAV M-5100.23 SECTION B CHAPTER 13
AEL

**NAVSURFWARCENDIV Panama City, FL periodically releases updated lists of authorized safety harnesses and lanyards.

ARE FIXED RAIL LADDER CLIMBING SYSTEMS INSTALLED IAW DIRECTIVES? DOES THE MATERIAL CONDITION REFLECT PROPER PMS ACCOMPLISHMENT?

REF: NSTM 600-18-1, 18-2
PMS MIP 6231/002
GSO 622 C

ARE SAFETY NETS INSTALLED, MEETING THE SPECIFIED CRITERIA AND REQUIREMENTS?

REF: NSTM 600 VOLUME 3 (PARA 600-18.4.5)
NAVSEA DWG 804-5184163 REV B, SHEET 1 OF 3
PMS MIP 6122/001

ARE ALL LIFELINES, LIFERAILS, AND GUARDRAILS INSTALLED IAW OPNAVINST 5100.19 SECTION B CHAPTER 13 PARA 3.g.(1)?

REF: OPNAV M-5100.23 SECTION B CHAPTER 13

See DON Fall Protection Guide and INSURV Inspection Guide OH0030A for further program requirements.

WORKING OVER THE SIDE/ALOFT

ARE POSITIVE MEASURES IN EFFECT TO CONTROL PERSONNEL WORKING OVER THE SIDE? (CHECK OFF LIST SIGNED BY OOD)

REF: OPNAVINST 3120.32 Paragraph 4.22.4 b(10)

ARE PERSONNEL QUALIFIED AND LICENSED TO OPERATE AERIAL PLATFORMS IAW LOCAL INSTRUCTIONS? (MANLIFT/JLG)

REF: NAVSUP PUB 538 SERIES SECTION 4-4