



# USCG Diving Medical Checklist

Updated July 2024

**PHYSICAL REQUIREMENTS / ADMINISTRATION**

1. (CG-MD01) Are all diving physicals (other than those members resolving pending medical issues or currently in pursuit of a medical waiver) current, signed by an Undersea Medical Officer (UMO), and retained on file?

Reference: NAVMED P-117 Manual of the Medical Department

C R NA UA

- Repeat
  - Significant
  - PMS
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2. (CG-MD02) If a waiver of physical standards is recommended on the diving physical, does the proper waiver paperwork (interim and/or approved waiver) accompany the diving physical?

Reference: NAVMED P-117 Manual of the Medical Department

C R NA UA

- Repeat
  - Significant
  - PMS
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3. (CG-MD03) Are all military and reserve diver's annual Periodic Health Assessments (PHA) current? Does the PHA include a skin cancer screening signed by an approved Health Care Provider?

Reference: NAVMED P-117 Manual of the Medical Department

C R NA UA

- Repeat
  - Significant
  - PMS
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4. (CG-MD04) Does the medical department or military treatment facility retain copies of the diving physical exams on file?

Reference: NAVMED P-117 Manual of the Medical Department

C R NA UA

- Repeat
  - Significant
  - PMS
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5. (CG-MD05) Is a current list of personnel not physically qualified (NPQ) status available to all Diving Supervisors?

References: NAVMED P-117 Manual of the Medical Department  
U.S. Navy Diving Manual

C R NA UA

- Repeat  
 Significant  
 PMS

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### EMERGENCY EQUIPMENT

6. (CG-MD06) Does the command have the minimum required emergency equipment to conduct diving operations (portable oxygen kit, litter or backboard, Ambu Bag and AED)?

Reference: U.S. Navy Diving Manual

C R NA UA

- Repeat  
 Significant  
 PMS

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7. (CG-MD07) Is the first aid kit stocked and tailored to the command's mission?

Reference: U.S. Navy Diving Manual

C R NA UA

- Repeat  
 Significant  
 PMS

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8. (CG-MD08) If applicable, are enough medications for the treatment of anaphylaxis available to treat two divers in the event of a marine life envenomation (Epinephrine 1:1000, Diphenhydramine IM or PO, and Hydrocortisone Sodium Succinate IV)?

References: AIG 22-08  
U.S. Navy Diving Manual  
Current ALS Protocol

C R NA UA

- Repeat  
 Significant  
 PMS

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9. (CG-MD09) Are all applicable consumable and/or drugs in the first aid kit in satisfactory condition and within expiration date?

Reference: NAVMED P-117 Manual of the Medical Department

C R NA UA

- Repeat
- Significant
- PMS

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10. (CG-MD10) If over-the-counter (OTC) medications are in the first aid kit, are they properly labeled (drug, strength, dosing information, lot number and expiration date)? Are measures in place to prevent unauthorized access to OTC medications?

Reference: NAVMED P-117 Manual of the Medical Department

C R NA UA

- Repeat
- Significant
- PMS

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11. (CG-MD11) Is the portable oxygen (O2) kit complete (adequately charged O2 cylinder, regulator, non-rebreather masks, oral and nasal airways, and Ambu Bag) and are all items in satisfactory condition?

References: U.S. Navy Diving Manual  
Applicable PMS

C R NA UA

- Repeat
- Significant
- PMS

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12. (CG-MD12) Are medical oxygen (O2) cylinders in use gauged in accordance with (IAW) PMS? Does the cylinder control tag include the date of receipt, PSI upon receipt, date first opened, and most recent PSI reading?

References: U.S. Navy Diving Manual  
Applicable PMS

C R NA UA

- Repeat
- Significant
- PMS

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13. (CG-MD13) Are the Automatic External Defibrillator (AED) battery and pads within their expiration date? Does the battery indicator on the AED indicate that there is a sufficient charge? Is Biomed check/repair performed (if applicable)?

Reference: Applicable PMS

C R NA UA

- Repeat
- Significant
- PMS

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14. (CG-MD14) Is litter and/or backboard clean and in satisfactory condition? Are all straps and buckles free from damage and function as designed?

Reference: Applicable PMS

C R NA UA

- Repeat
- Significant
- PMS

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15. (CG-MD15) Is the command tracking and in compliance with all active AIGs pertaining to the equipment in use?

Reference: NAVSEA 00C Guidance

C R NA UA

- Repeat
- Significant
- PMS

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16. (CG-MD16) Is any equipment that is out of commission, out of maintenance periodicity, or otherwise unsafe tagged out to prevent use?

References: OPNAVINST 5100.23H  
OPNAV M-5100.23  
S 0400-AD-URM-010/TUM  
OPNAVINST 3150.27D

C R NA UA

- Repeat
  - Significant
  - PMS
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17. (CG-MD17) Is a Preventive Maintenance System (PMS) program implemented for all diving and diving support equipment? If not, has a feedback report been submitted for all equipment not covered?

References: OPNAVINST 3120.32D  
NAVSEAINST 4790.8D  
U.S. Navy Diving Manual

C R NA UA

- Repeat
- Significant
- PMS

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18. (CG-MD18) Is diving equipment serialized for tracking in Digital Dive Side? Is the equipment appropriately listed on the Digital Dive Side for single-line items?

Reference: NAVSEAINST 4790.8D

C R NA UA

- Repeat
- Significant
- PMS

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19. (CG-MD19) Is maintenance correctly anchored for periodicity in Digital Dive Side or tracked on a separate document (I.E., excel spreadsheet, status board)?

Reference: NAVSEAINST 4790.8D

C R NA UA

- Repeat
- Significant
- PMS

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20. (CG-MD20) Is all applicable emergency equipment covered under PMS (O2 cylinders, litter/backboard, non-disposable Ambu Bags and AEDs)?

Reference: Applicable PMS

C R NA UA

- Repeat
  - Significant
  - PMS
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**DIVING MEDICAL**

COMMAND NAME:

LOCATION:

UIC:

DATE:

SURVEYOR(S):

NO. COMPLETE:

NO. REQ ACTION:

NOT APPLICABLE: