



CPR SAFETY

Cardiopulmonary resuscitation (CPR) is an emergency lifesaving intervention consisting of chest compressions and rescue breaths. Per the American Heart Association, CPR can double the survival chances for out of hospital cardiac arrest if initiated immediately and effectively.

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A CPR QUALIFICATION CAN BE THE DIFFERENCE BETWEEN LIFE AND DEATH

Most incidents requiring the administration of CPR were a result from electrical shock or trauma. Since 2022, Naval Safety Command (NAVSAFECOM) has received 122 reports of electrical shock mishaps from afloat. Accidents can occur at any place and at anytime in the event of cardiac or pulmonary arrest. When used immediately and effectively, CPR can be a lifesaver!

NAVSAFECOM has identified overall lack of adherence to fundamental policies, program structures and functional areas of responsibility, leading to events requiring the administration of CPR.

OPNAVINST 5100.19F, the Navy Safety and Occupational Health Program Manual for Forces Afloat, requires at least 50% of all electrical and electronic-associated ratings to be CPR-certified. Specific NEC, training, collateral duties and certifications also mandate CPR certification.



NAVSAFECOM RECOMMENDS THE FOLLOWING ACTIONS:

1. Be aware of CPR requirements and ensure qualifications are up to date. Regularly review CPR certification requirements and schedules to ensure all personnel meet the necessary qualifications.
2. Encourage all personnel to be CPR-qualified. Promote the importance of CPR certification across all levels of the organization. Consider offering incentives or recognition for those who obtain and maintain their certification.
3. Implement regular training sessions and drills. Schedule periodic CPR training sessions and emergency response drills to ensure readiness and proficiency among all personnel.
4. Encourage a culture of safety and preparedness. Foster an environment where safety protocols are prioritized, and all personnel feel empowered to act swiftly in emergencies.
5. Conduct regular audits and evaluations. Periodically review and assess the CPR certification status and training programs to identify areas for improvement and ensure ongoing compliance.



AFLOAT SAFETY, NAVAL SAFETY COMMAND - Keeping our sea warriors informed and ready



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