



SUBMARINE
FALL PROTECTION
CHECKLIST

A. SAFETY HARNESSSES AND LANYARDS

1. Are all safety and work lanyards onboard authorized? Are all safety and working lanyards listed on an EGL?

REF: COMSUBLANT/COMSUBPACINST 5400.49, Ch. 4, Article 4313
MIP 6231 / 001 A-1R

2. Are all safety harnesses onboard authorized? Are all safety harnesses listed on an EGL?

REF: COMSUBLANT/COMSUBPACINST 5400.49, Ch. 4, Article 4313
MIP 6231 / 001 A-1R

3. When working over the side, are personnel using Inherently Buoyant life vests?

REF: COMSUBLANT/COMSUBPACINST 5400.49, Ch. 4, Article 4338

B. ADMINISTRATION

1. Does the command have a written Fall Protection Program, approved by the Commanding Officer?

REF: DON FALL PROTECTION GUIDE
OPNAVINST 5100.19, SECTION B, CHAPTER 13

2. Does the command have a completed and current Fall Protection Survey?

REF: DON FALL PROTECTION GUIDE
OPNAVINST 5100.19, SECTION B, CHAPTER 13

3. Has the command designated a Fall Protection Program Manager in writing? Is the program manager an E-7 or above? Has the program manager completed the required training? (CIN A-493-0099)

REF: DON FALL PROTECTION GUIDE
OPNAVINST 5100.19, SECTION B, CHAPTER 13

4. Has the Fall Protection Program Manager performed the annual self-assessment of the Fall Protection Program?

REF: DON FALL PROTECTION GUIDE
OPNAVINST 5100.19, SECTION B, CHAPTER 13

5. Has the command designated competent persons in writing? Have the competent persons completed the required training? (CIN A-493-0103)

REF: DON FALL PROTECTION GUIDE

OPNAVINST 5100.19, SECTION B, CHAPTER 13

6. Are End-users being trained by competent persons? Is the training documented and available for review? Are End-users receiving refresher training every 2 years?

REF: DON FALL PROTECTION GUIDE
OPNAVINST 5100.19, SECTION B, CHAPTER 13

7. Are SORM Working over the side check sheets being utilized?

REF: COMSUBLANT/COMSUBPACINST 5400.49, Ch. 4, Figure 4338-1