

# HOLIDAY AND WINTER SAFETY TIPS



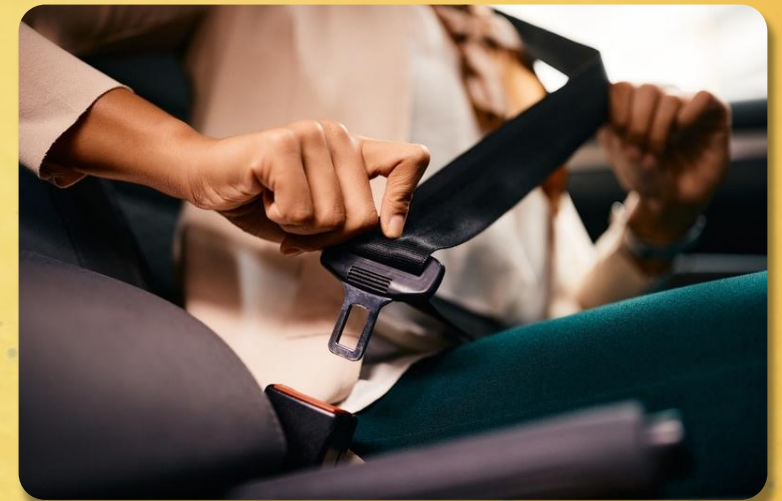
SIMPLE STEPS FOR A SAFER WINTER



# THANKSGIVING TRAVEL



- Thanksgiving is one of the deadliest times on the road.
- Between 2019 and 2023, 868 people were killed in drunk driving crashes over the Thanksgiving holiday.
- The National Safety Council predicts an estimated 502 fatalities will occur on the road over this coming Thanksgiving holiday period.
- Always wear your seatbelt no matter the driving distance.
- Never drive impaired, drive sober.





# HOLIDAY TRAVEL TIPS

- Ensure vehicle maintenance is up to date
- Check the weather forecast and dress accordingly
- Keep extra blankets, a flashlight and water in your vehicle in case of severe wintry weather





# SAFE DRIVING TIPS

- Know your car's capabilities and educate yourself on the safety features of your vehicle
- If using all-season tires, check tread and replace if worn down to less than 2/32 of an inch
- Avoid driving while tired. Fatigue can be as dangerous as alcohol behind the wheel







# DRINKING AND DRIVING

- Don't let a DUI put a halt to your festivities
- Plan ahead so you don't have to drive
- Use a rideshare service if unable to drive
- Pick a non-drinking friend to be the designated driver



# CARBON MONOXIDE AWARENESS



- Install a working carbon monoxide detector in the hallway near each sleeping area inside your home
- Use portable generators outdoors in well-ventilated areas away from all doors, windows and vents
- Make sure vents for the dryer, furnace, stove and fireplace are clear of snow and other debris





# HOME FIRES

- There were 344,600 home fires and 2,890 deaths reported in the U.S. in 2023.
- Electrical distribution or lighting equipment was involved in more than 43% of home Christmas tree fires
- Thanksgiving is the peak day for home cooking fires, followed by Christmas Day and Christmas Eve.
- In 2021, U.S. fire departments responded to roughly 170,000 home cooking fires. These incidents resulted in roughly 135 deaths, 3,000 injuries, and more than \$494 million in property damage.





# HOME COOKING FIRE TIPS

The primary cause of ignition in nonconfined home cooking fires was unattended cooking equipment, accounting for 37% of cases.

Remember these tips when cooking:

- Stay in the kitchen when using cooking oil
- Never cook when you are tired
- Stand by your pan. If you leave the kitchen, turn the burner off





# SAFE DECORATING TIPS

- Turn off all lights and decorations before going to bed or leaving the house
- Use indoor and outdoor lights in their appropriate locations
- Place your tree at least three feet away from any heat source
- Choose decorations that are flame resistant or flame retardant
- Water your Christmas tree daily. Dry trees ignite and burn quickly
- Use battery-operated flameless candles as an alternative to real ones





# HOME HEATING TIPS

- Keep anything flammable at least three feet from heat sources
- Turn space heaters off when leaving the room
- Maintain heating equipment and chimneys by having them cleaned and inspected





# RESOURCES

- For seasonal guidance and more information on Fall, Holiday and Winter safety topics, visit <https://navalsafetycommand.navy.mil/Off-Duty/Fall-and-Winter-Safety>.
- Remember, what you do both on and off duty can have a lasting impact on your family, friends and your team. Staying safe keeps you combat-ready and able to do what's needed to carry out the mission.

