



Motorcycle Safety Stand-down

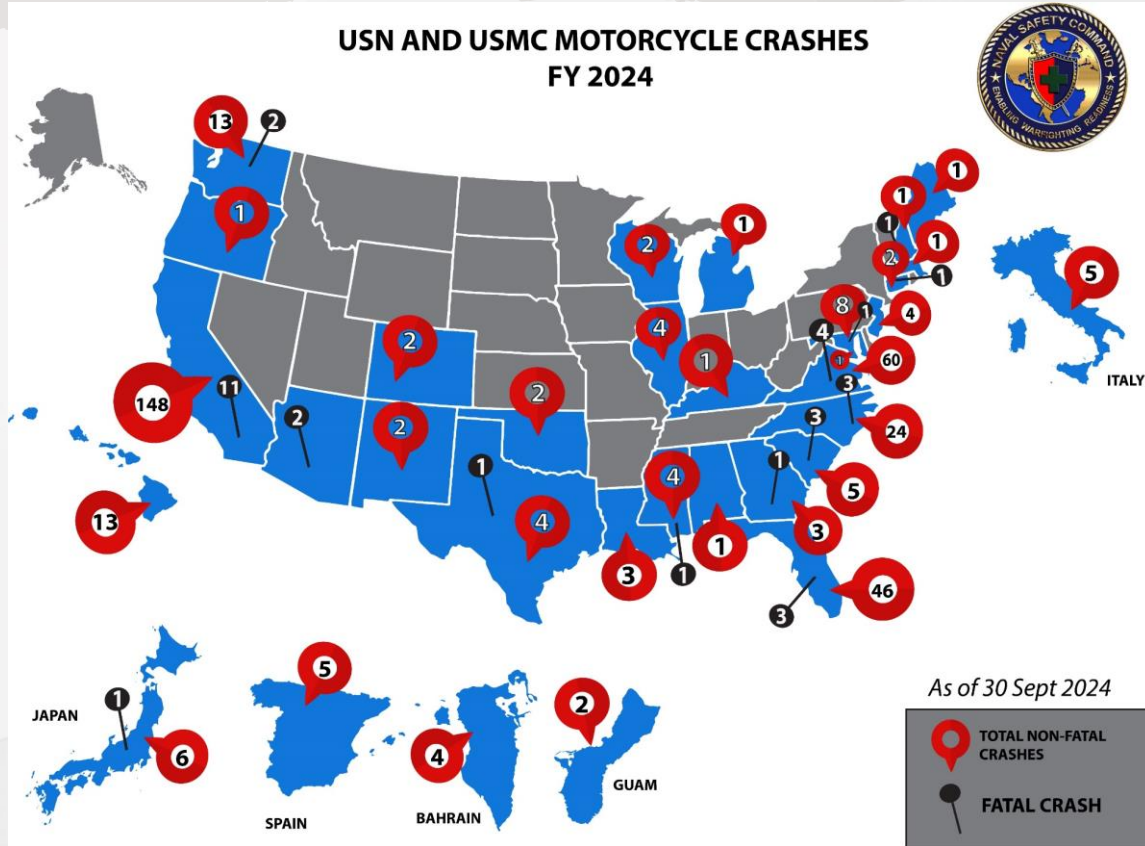
NAVAL SAFETY COMMAND



"We're here to help the Navy and the Marine Corps get better through learning. Our objective is to keep everyone safe by having real discussions about risk assessment and management so that we can eliminate easily avoidable self-inflicted wounds that take players off the field."

Rear Adm. Dan "Dino" Martin,
Commander, Naval Safety
Command

In FY 2024, the Department of the Navy lost 23 Sailors and Marines to motorcycle crashes.



What We Know.

- You are important - to your family, your friends and your command.
- Motorcycle crashes account for many active-duty fatalities and serious injuries.
- The health and well-being of our Sailors and Marines is essential to the mission.



What We Can Do.

- **SEARCH** for hazards around you.
- **EVALUATE** those hazards and decide what actions to take.
- **EXECUTE** maneuvers by avoiding the hazard.



What to Wear.

- Wear leather clothing, boots with non-skid soles and gloves to protect your body from severe injuries in case of a crash or skid.
- Always wear a Department of Transportation approved helmet with a face shield or protective eye wear.
- Dress for a crash as well as for the ride.



Know Your Bike and How to Use It.

- Complete a formal riding education program, get licensed and take riding courses periodically to improve riding skills.
- Ensure your bike is ready to ride by performing all recommended checks and inspections before you hit the road. Think T-CLOCS!
- Obey the speed limit - the faster you go the longer it will take you to stop.



Be Visible.

- Attaching reflective tape to your clothing helps other drivers see you, especially at night.
- Ride with headlights on, stay out of a driver's blind spot, signal well in advance of any change in direction and watch for turning vehicles.
- Flash your brake lights when you are slowing down and before stopping.
- Plan an escape route in case a motorist doesn't see you and violates your right of way.



Drinking & Driving



- Plan your safe ride home by choosing a non-drinking friend, a taxi or ride-hailing service as your designated driver.
- If you are drinking, do not drive for any reason.
- If someone you know has been drinking, do not let them get behind the wheel.
- Driving with a blood alcohol content of 0.08 g/dL or higher is illegal in all 50 states, the District of Columbia and Puerto Rico.

Mental Strategies

- Constantly scan the road for any hazards.
- Give other motorists time and space to respond to you.
- Fatigue and drowsiness impair your ability to react. Make sure you are well rested when you hit the road.
- Ride as if you're invisible. By using lane positioning, you allow yourself to see and be seen.



Ride Right.
Stay in the
Fight.

