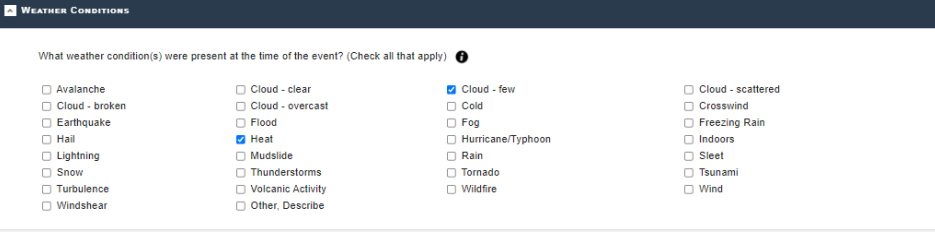

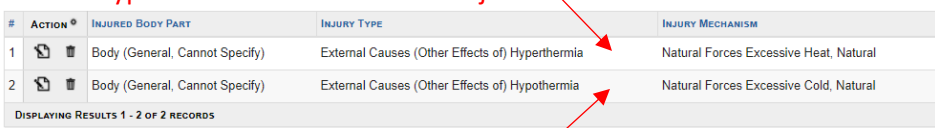
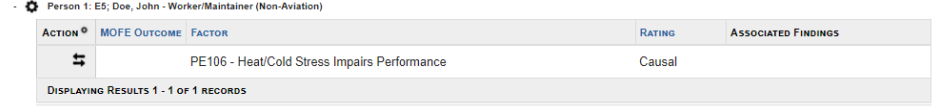


RMI/SIR – Heat Stress / Cold Injury Selection Guide

\*\*\*This guide illustrates the MINIMUM selection requirements necessary for message submission. Sequence of Events and Investigation Conclusions Pages MUST be completed with relevant information along with these specific selections.\*\*\*

#	Field (Page)	Selection
-	<p><b>IAW OPNAVINST 5102.1D (Glossary)</b></p>	<p><b>56. Heat Stress.</b> Any combination of air temperature, thermal radiation, humidity, air flow, and work load which may stress the body as it attempts to regulate body temperature. Heat stress becomes excessive when the body's capability to adjust is exceeded, resulting in an increase of body temperature.</p> <p><b>18. Cold Injury.</b> The adverse effect of low environmental temperatures on the human body resulting in hypothermia, frostbite, chilblain, cold water immersion foot, or other injury or illness as a result heat loss, reduced body temperature, or tissue destruction due to cold exposure.</p>
1	<p><b>Event Investigation</b></p>	<p>Investigation Type: * ⓘ <input type="text" value="Mishap"/></p> <p>Category: * ⓘ <input type="text" value="Ground"/></p> <p>Subcategory Tier 1: * <input type="text" value="Industrial and Occupational"/></p> <p>Event Type Tier 1: * <input type="text" value="Temperature Extreme (Heat/Cold)"/></p> <p><a href="#">Definitions &amp; Examples</a></p> <ul style="list-style-type: none"> <li>- Category could be either "Ground" or "Afloat".</li> <li>- Event Type Tier 1 should always be "Temperature Extreme (Heat/Cold)".</li> </ul>
2	<p><b>Event One Liners (General Information)</b></p>	<p><b>EVENT ONE LINER</b></p> <p><b>INSTRUCTIONS:</b> THE ONE LINER WILL NOT CONTAIN PRIVILEGED SAFETY INFORMATION ⓘ</p> <p><b>INFORMATION:</b> IF YOU NEED HELP WRITING A "ONE LINER" PLEASE REVIEW THE <a href="#">ONE LINER FORMAT AND EXAMPLES</a>. ALSO, REVIEW THIS LIST OF STANDARDIZED ACRONYMS &amp; ABBREVIATIONS ⓘ</p> <p>WHAT WAS THE ACTIVITY? * <input type="text" value="SVM working at Outdoor Training Site"/></p> <p>WHAT HAPPENED? * <input type="text" value="Fainted while in Black Flag conditions"/></p> <p>WHAT WAS DAMAGED/BROKEN/INJURED? * <input type="text" value="Concussion/Contusion to the Head, Hyperthermia"/></p> <p>WHAT WAS THE OUTCOME? * <input type="text" value="5 days LWT"/></p> <ul style="list-style-type: none"> <li>- Event One-Liner should state:             <ol style="list-style-type: none"> <li>(1) Activity</li> <li>(2) Temperatures and/or Flag Conditions</li> <li>(3) Heat /Cold Related Injury</li> <li>(4) Treatment/LLD/LWD.</li> </ol> </li> </ul>

3	<p align="center"><b><u>Weather Conditions</u></b> (Environment)</p>	 <p align="center">- Heat/Cold should be a constant selection. Check all others that apply.</p>
4	<p align="center"><b><u>Person Injured</u></b> (Person Information)</p>	 <p align="center">- This selection should always be "Yes".</p>
5	<p align="center"><b><u>Injury Information</u></b> (Injuries)</p>	 <p align="center">- Hyperthermia is used for heat injuries.</p> <p align="center">- Hypothermia is used for cold injuries.</p>
6	<p align="center"><b><u>Event Human Factors</u></b> (HFAC-MFAC)</p>	 <p align="center">- "PE106 – Heat/Cold Stress Impairs Performance" should always be selected as an applicable Human Factor.</p>